

Mesa Public Schools  
Guidance and Counseling

**My Educational and Career Action Plan (ECAP)**

Mesa Public Schools students develop Education and Career Action Plans (ECAPs) prior to graduation. Your initial plan is developed in junior high and it is updated throughout high school. An ECAP reflects your current plan of coursework, career aspirations, and extended learning opportunities. The ECAP helps to personalize your education and enables you to maximize the opportunities available upon high school graduation.

The chart below indicates how you'll be creating your ECAP and where you can find it.

My Career Goals	How?	Where?
I have identified my career plans, options, interests, and skills	Kuder Career Search with Person Match Kuder Skills Assessment	Kuder Assessment Results My Favorite Interests and Skills
I have explored my career opportunities	Kuder Explore Careers	My Favorite Occupations
I have explored the educational requirements necessary to meet my career goals	Kuder Choose a Major	My Favorite Majors and Programs
My Postsecondary Goals		
I have explored admissions requirements	Kuder Select a College	My Favorite Colleges and Schools
I have completed necessary applications		Kuder Note Taker
I have created a financial assistance plan	Kuder Find Financial Aid	My Favorite Scholarships
My Academic Goals		
I have planned my coursework	Kuder Education Planner	Kuder Education Planner
I have documented my postsecondary goals	Through guidance lessons taught by my counselors and/or through the registration process	Kuder Note Taker and/or Registration Paperwork
I have recorded my academic achievement or awards	Kuder Resume Builder	Kuder Resume Builder
I have reviewed my academic progress	Through guidance lessons taught by my counselors and/or through the registration process	My unofficial transcript and/or Student Experience
My Participation in Extracurricular Activities		
I have documented my participation in clubs, community service, recreational activities, volunteer activities, work-related activities, leadership activities, etc.	Kuder Resume Builder	Kuder Resume Builder